

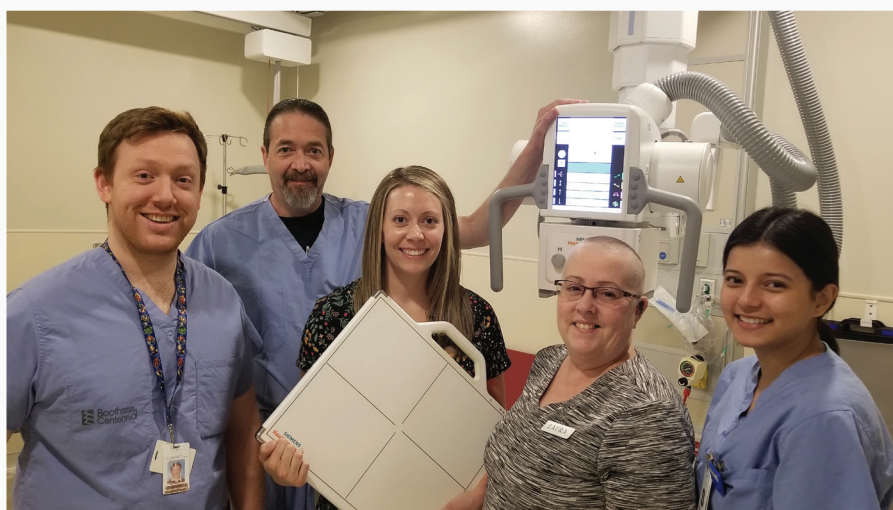
Donors invest **\$1.1 million** in diagnostic imaging technology for Emergency Department

One of the most important parts of an Emergency physician's job is to identify the most critically ill and injured patients in the Emergency Department. Your donations have funded the technology that helps them do just that...

PRHC's Chief of Emergency Medicine Dr. Mark Troughton says one of the most important parts of his job is to identify the most critically ill and injured patients in the Emergency Department.

"When we're on shift in the ED, we're concerned about the patients we have and committed to giving them the best care possible," says Dr. Troughton. "But we're also thinking about the ones we haven't seen yet because the sickest person in the hospital could be the one sitting in the waiting room."

It's no easy task. PRHC has one of the busiest Emergency Departments in Ontario, with more than 88,000 patient visits last year alone. So it's not surprising to hear that he and his colleagues depend on having access to state-of-



PRHC's Chief of Emergency Medicine Dr. Mark Troughton, second from left, and members of the X-Ray Trauma Suite team gather around donor funded state-of-the-art X-Ray technology to say "thanks" for your support of patient care.

the-art diagnostic imaging technology, particularly X-Rays, 24 hours a day, 7 days a week to help them get that patient treatment as quickly as possible.

"Whether we're diagnosing a broken bone or confirming life-threatening congestive heart failure, having timely access to high quality X-Ray technology is central to our ability to provide the highest quality patient care," says Dr. Troughton.

PRHC has two X-Ray trauma suites dedicated to emer-

gency patients and on a typical day, an Emergency Department physician might see 40 patients and send at least half of them for an X-Ray for an annual total of 23,400 exams.

Last year, the hospital advised that these suites were reaching the end of their

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Summer fun in support of great care at PRHC!

Looking back on 2018...



PHOTOS: 2018 Gratitude at the Lake

(clockwise from top right) PRHC's Chief of Emergency Medicine Dr. Mark Troughton and PRHC's Vice President and Chief Medical Officer Dr. Nancy White demonstrate resuscitation; PRHC Foundation Board Member David Morton and Ken Powell; Marg and James Glenn, Joyce and Wilburn Archer; Anne and Ron Fotheringham, PRHC Foundation Chair Bill Blair, PRHC Foundation Vice Chair Val McRae and Nick Carvaggio.



PHOTOS: 2018 On the Rocks with Don Mal

(clockwise from top) Kathy Kranias and Don Mal; Sharon Howran, Trish O'Connor and Sue Connelly-King; Rick Brooks-Hill and Bill Corner.



Richard Tattersall is investing in his family's 'hospital at the lake'

One summer resident shares the inspiration for his \$50,000 pledge

Since he was three years old, Richard Tattersall has been spending much of his summertime at the family cottage on Lower Stony Lake. His parents originally purchased the cottage he now shares with his wife, Alessandra, and their three sons aged 15, 18 and 21.

His mother still spends time there with the family every summer, as did Richard's father until he passed away two years ago at the age of 91.

Peterborough Regional Health Centre (PRHC) is the Tattersalls' hospital at the lake. Richard has been supporting the PRHC Foundation's work to fund the equipment and technology that form the backbone of patient care at PRHC for some time. He was initially inspired to give because he believes that having a world class hospital is an important strength in a region's infrastructure.

Although already a priority for Richard, it was comforting to know that as his father aged, excellent healthcare was available at PRHC if he ever needed it—thankfully, he didn't. Then last summer one of Richard's sons required urgent

care. They attended PRHC's Pediatric Out Patient (POP) Clinic, part of the hospital's emergency care system, where they were impressed with the staff and the high level of care they received.

Once again inspired to invest in his family's hospital at the lake, Richard has made a multi-year pledge of \$50,000 to the Foundation in support of PRHC's highest priority needs.

Richard believes that although the goal at the lake is to escape from the week's stress, it's also where urgent care is especially important for multi-generational families busy making memories. He points out that due to everything from childhood illnesses to outdoor accidents, it's important to have a hospital "neighbour" that offers the quality healthcare families need while at the lake. He compares having access to great care with oxygen: "You don't think about it until you have a shortage."

Like Richard, you too can help fund world class patient care at your hospital at the lake. Please call Anne at (705) 743-2121 ext. 3980 to find out more.

PRHC Update: PRHC Awarded Stroke Accreditation

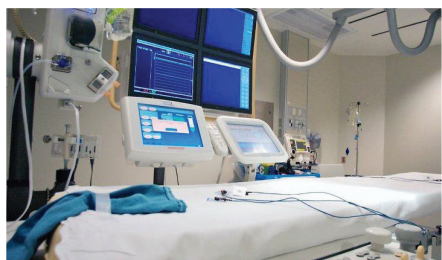
PRHC is home to our region's designated District Stroke Centre, providing comprehensive stroke services across the continuum of care for patients from Haliburton, the City of Kawartha Lakes, Northumberland, Peterborough, and Northern Hastings County.

Last fall, the program was awarded Stroke Distinction, the highest possible designation in stroke care granted by Accreditation Canada who stated that PRHC "has demonstrated national leadership in the provision of high-quality stroke care."

Congratulations to PRHC and the District Stroke Centre on this outstanding achievement!

PHOTOS: Tattersall family fun at the cottage (from left to right) Richard's mother paddles the kayak; Richard and his sons share a meal together; Alessandra pilots the boat.





Equipment Spotlight: Replacement of PRHC's Cardiac Cath Labs

Every year, thousands of patients from across Peterborough and the surrounding region are brought to PRHC's Cardiac Cath Labs for lifesaving minimally-invasive cardiac stenting and diagnosis.

Now the hospital needs your help. After more than a decade of being used to stop heart attacks in their tracks, the Labs must be replaced. Without them, patients (including many cottagers and regional residents like you) would have to travel as far away as Kingston or Toronto for emergency intervention at a time when every single second can mean the difference between life and death.

Replacing them now won't just keep cardiac care close by. Advances in technology mean better picture quality and resolution during procedures, lower radiation exposure, and shorter procedure times.

Help us keep your heart here. For more information or to make a donation, please call Anne at (705) 743-2121 ext. 3980, or give online at prhcfoundation.ca.

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lifespan and asked for the support of the Foundation and our donors to replace them, helping them avoid future breakdowns and any resulting delays in patient diagnosis and treatment.

"When older technology starts to break down, it causes delays in patient diagnosis and treatment," says Dr. Troughton. "We knew we couldn't afford to let that happen – not in a department with patients in urgent need, when minutes or even seconds can mean the difference between life and death."

Thanks to the generosity of donors, the PRHC Foundation was able to fund the \$1.1 million investment required for two new X-Ray trauma suites. They are now installed and helping our health-care professionals deliver world class patient care every day!

Of course it was not a case of replacing like with like. Connor Teno, Senior Technologist Diagnostic Imaging says that just like our cell phones and computers, X-Ray technology has advanced in the last decade, becoming smaller, faster and more portable.

"Any time you upgrade diagnostic imaging technology, you're going to improve diagnostic quality," he says. "But there are also significant upgrades that increase patient comfort. For example, some parts of the new machines are wireless, so technologists can position the equipment to suit the patient's injuries."

"On behalf of our patients and everyone here at PRHC," adds Dr. Troughton, "I'd like to say thank you to everyone who supported this priority."

Join the Ladies of the Lakes Wednesday, July 17th at 10am at Burleigh Falls Inn!

Last year, 34 women joined forces as the PRHC Foundation Ladies of the Lakes to donate \$18,000 (as of December 31st) to the X-Ray trauma suites for PRHC's Emergency Department.

With a goal of reaching 100 members, the Ladies of the Lakes want you to join them this year! To register for this summer's event, please call Anne at (705) 743-2121 ext. 3980 and/or join the PRHC Foundation Ladies of the Lakes Facebook page.

 @prhcfoundationladiesofthelakes



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Look for us on...

