

## New donor-funded Cath Lab **is keeping our hearts here**

We're very happy to share that PRHC's Cardiac Catheterization Laboratory reinvestment is now complete! The two existing Cath Lab suites have been entirely renovated and upgraded, and began functioning at full capacity this fall.

In the first month that both suites were operational, there were 324 Cath Lab visits, including 279 angiograms and 117 cardiac stenting procedures – some actually performed while a heart attack was taking place!

Interventional cardiologist Dr. Warren Ball is so excited to say thank you to the donors who made possible the upgrade to state-of-the-art Cath Lab technology. "We're immensely grateful for the community's ongoing support, and proud of the team here



**IMAGE:** Dr. Warren Ball (left) and the Cardiac Cath Lab team prepare for a procedure in one of two newly upgraded Cath Lab suites. Donor generosity made possible this essential investment in state-of-the-art technology – and the lifesaving care it will support.

at PRHC," he says. "Together we're fulfilling our vision to provide the best cardiac care to our region and stop heart attacks in their tracks. Thank you to you, the donors, for your generosity!"

The new suites bring high-tech imaging right to cardiologists'

fingertips. "This allows us to work more quickly and efficiently at a time when every second counts," explains Dr. Ball.

Advances in technology have significantly improved the quality of imaging, enabling doctors to more accurately diagnose and

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Interventional radiology meets cancer care

# Thank you from our CEO: Together we're transforming patient care in our region



**IMAGE:** A medical radiation technologist demonstrates one of PRHC's new CT scanners funded by donors. The cutting-edge equipment supports more than 30,000 scans a year.

Cancer Clinic, to the Breast Assessment Centre, diagnostic imaging and laboratory testing, to Emergency Department, labour and delivery, and Neonatal ICU investments, and all areas in between, donors have touched every corner of the hospital.

In fact, donors have invested \$37 million in PRHC in the last five years alone. You're funding state-of-the-art technology the government doesn't fund, fuelling innovation, and bringing lifesaving new services to the region.

Not only does the advanced equipment you fund enable doctors, nurses and staff to do their jobs to the best of their abilities, it also attracts other highly trained experts to PRHC, where recruitment is a top priority.

Last year, 54 new physicians joined the hospital, bringing the total to 460.

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## Dear Friends,

As we celebrate the completion of PRHC's Cardiac Cath Lab reinvestment, please know how grateful we are for your donations in support of your hospital. Thank you!

During these challenging times in healthcare especially, donors are reaching out and asking "how can I help?" I want to assure you, you are.

We see it every day. From the Cath Lab to the radiation facility and the



**IMAGE:** Dr. Andrew Kelly is the fourth interventional cardiologist to join PRHC's Cardiac Cath Lab team.

## HOSPITAL UPDATE: A fourth interventional cardiologist joins the Cardiac Cath Lab team

PRHC was pleased to welcome Dr. Andrew Kelly earlier this summer. An interventional cardiologist, Dr. Kelly joins Dr. Warren Ball, Dr. Phong Nguyen-Ho and Dr. Katy Shufelt as the newest physician on the Cardiac Cath Lab team.

Dr. Kelly completed his medical degree at Ross University and went on to do residency training

at the University of Connecticut for Internal Medicine and McMaster University for Cardiology, followed by a Fellowship in Interventional Cardiology at McMaster University.

Donor investment in new state-of-the-art Cath Lab facilities was critical to PRHC's ability to bring Dr. Kelly to our hospital, and reflects the growth of this vital regional service. Thank you!

## Cobourg resident was first at PRHC to receive new cancer treatment

Two years ago, Cobourg resident Stuart Morley became the first PRHC patient to receive life-changing cancer treatment by interventional radiology radiofrequency ablation for a tumour on his kidney.

The amateur photographer tells how interventional radiologist Dr. Kebby King put a metal probe through a small cut in his skin and using a CT to guide her, found the tumour and dissolved it with radio waves. "It was amazing. I felt no pain and I was able to go home later that afternoon," he says. "Now I'm back taking photos and looking forward to travelling the world again."

Interventional radiology is often described as 'the future of medicine.' It's used to diagnose and treat a wide range of emergency and chronic health conditions such as cancer and other illnesses, with less pain and risk, and shorter hospital stays.



**WATCH at [prhcfoundation.ca](http://prhcfoundation.ca): Dr. Kebby King shares how interventional radiology is used to diagnose and treat a variety of cancers**



**IMAGE:** Stuart Morley wants to ensure ground-breaking treatments are possible for others.

Grateful for the great care he received and determined to help pave the way for new ground-breaking therapies to be offered at PRHC in the near future, Stuart donated to the PRHC Foundation.

He knows the need for interventional radiology is growing in our region. A \$6 million investment in state-of-the-art equipment, upgraded suites, and an expanded recovery room are essential to meeting that need – so more patients, with more complex conditions can be diagnosed and treated close to home.

*For more information or to share your story, visit [prhcfoundation.ca](http://prhcfoundation.ca).*

## HOSPITAL UPDATE: PRHC awarded Stroke Distinction

For the second consecutive time, PRHC has been awarded Stroke Distinction in Acute and Inpatient Rehabilitation Stroke Services by Accreditation Canada. Achieving Distinction indicates that PRHC has demonstrated national leadership in the provision of high-quality stroke care.

Following their onsite visit, the Accreditation surveyors highly commended the stroke team for "maintaining quality care services during the pandemic period and remaining focused on the needs of patients and families as an organizational priority."

Thank you for your generous support, which helps the Health Centre team provide the best possible care to patients from across our region.

## Interventional radiology meets cancer care

Recently, PRHC's Dr. Kebby King shared how minimally invasive interventional radiology, which involves only a small incision and no general anesthetic, resulting in less pain and shorter hospital stays, has helped to revolutionize cancer treatment at the Health Centre.

"With interventional radiology we can specifically target the cancer and deliver drugs or ablation therapy," Dr. King says. "Therefore it has less side

effects for the patient and can be done on an outpatient basis."

Interventional radiology can allow patients with a variety of cancers and cancer-related disease more time to live their lives. It can be used to treat some types of pancreatic, kidney and liver tumours, and cancer spread to the liver from a variety of tumours.

*For more information, call us at 705-876-5000 or visit [prhcfoundation.ca](http://prhcfoundation.ca).*

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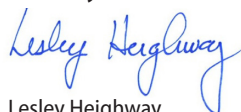
Earlier this year, PRHC's first two internationally educated nurses completed their supervised practice experience, obtained registration with the College of Nurses of Ontario and accepted employment at PRHC. There is also a clinical extern program at the Health Centre, through which more than 113 externs have been hired – 32 in the last month alone.

Still, your commitment does more than support world-class care. It also signals your faith in the hospital team and optimism for the future.

Just like Dr. Warren Ball, who shared his message of thanks, Dr. Kebby King also asked that I convey her feelings to you. "With all the challenges we're facing right now, many of us can feel uncertain," she says. "But knowing there are people like you who want to help make it better, that gives me hope, too."

It's true that the challenges facing our healthcare system are complex, but with every tribute gift, monthly donation, legacy gift, and event organized, you're part of the long-term solution. Our mission has never been more important and you're making it possible. Together we're shaping the future of healthcare in our region – where hundreds of thousands of people rely on PRHC for world-class care close to home.

Thank you,



Lesley Heighway  
President & CEO, PRHC Foundation

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**"The new suites allow us to work more quickly and efficiently at a time when every second counts."**

treat coronary blockages and stop heart attacks. They do so with increased patient safety, since the new equipment uses less radiation to obtain images of even greater diagnostic quality.

"Our older equipment had been in service for over 14 years," says Dr. Ball. "Technology changes, allowing us to perform the same function, better and more safely, using tools that did not exist when the Health Centre opened in 2008."

The new suites also support shorter procedure times, meaning more non-emergency patients can be treated locally, saving them the time, cost, and stress of travelling to a bigger city centre for cardiac services and reducing the risk of a serious, life-threatening cardiac emergency.

Thank you so much to our incredible community for stepping forward to



**IMAGE:** In the first month of full operation this fall, there were 324 visits for lifesaving and life-changing care at the newly upgraded, donor-funded Cardiac Cath Lab!

fund this leading-edge, lifesaving reinvestment – you donated \$3.55 million for this priority and are paving the way for the future of patient care at your hospital! Thank you for helping to keep all our hearts here, close to home.

*For more information on the impact of your generosity, call us at 705-876-5000 or visit [prhcfoundation.ca](http://prhcfoundation.ca).*

**Watch Dr. Ball's thank you video at [prhcfoundation.ca](http://prhcfoundation.ca)**

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