

Legacy gift funded second, cutting-edge MRI – a leap forward for patient care at PRHC

Every year since her breast cancer diagnosis almost ten years ago, Amy Semple attends a mammogram and MRI appointment at PRHC to monitor her health. This past year, her check-up was different for one big reason: Amy underwent an MRI in one of PRHC’s two new, state-of-the-art MRI machines.

Before her appointment, Amy learned about the benefits of the advanced technology, which produces detailed images of organs and structures in the body. The new equipment takes higher resolution images, faster, in a more comfortable experience for patients like her – representing a giant leap forward in patient care at PRHC.

“I’ve always appreciated the level of care I’ve received at PRHC and the big scope of donor-funded equipment needed to support my and other



IMAGE: Medical Radiation Technologist Jason Truong demonstrates one of PRHC’s new, donor-funded, state-of-the-art MRI machines.

patients’ survival,” said Amy. “But seeing firsthand the new technology at this year’s appointment really highlighted the impact that donors have made in my life over the last decade. Thank you!”

The more recent installation of the second MRI unit, funded by a

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IMAGE: Cancer survivor Amy Semple is one of thousands of patients from around the region whose care experience has been improved by the advanced capabilities of PRHC’s new, donor-funded MRI technology.

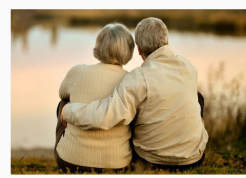
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Help turn this area into a healing space for patients

You're helping hospital staff prevent burnout

In January, donations helped your hospital bring Dr. Jillian Horton, an award-winning medical educator, writer, musician, podcaster, and guest speaker, to an event attended by the Health Centre's professional staff, including doctors, dentists, midwives and nurse practitioners.

Dr. Horton develops programs related to health and wellness and in 2020 she won the AFMC-Gold Humanism Award. At the PRHC event, she shared valuable knowledge on preventing burnout.

Burnout is a growing concern in the healthcare sector affecting staff, including doctors, the ability of hospitals to recruit and retain healthcare providers, and ultimately, the quality of care.

Donor sponsorship of this event shows PRHC's professional staff that we stand with them, that we understand the importance of their work – and our role in supporting it – now and for the future of healthcare in our region.

Thank you, donors!

For more info about your impact or to donate, please call 705-876-5000 or visit prhcfoundation.ca.

“Where you heal helps determine how you heal.”

A severe mental health crisis led Ashley Webster to seek emergency care at PRHC. There she started to receive the tools she needed to make positive changes in her life. To say thanks for that care and inspire donations in support of other mental health patients, she's sharing her story...

“Imagine a world that's always dark, where every step feels heavy. To me, it felt like a never-ending night, where the light just couldn't break through. When you've felt this darkness, you want to do whatever you can to stop someone else from feeling that same isolation.

During my treatment and recovery, my garden became my sanctuary. With the sunshine on my face and my hands in the soil, those difficult days felt a little brighter and easier to handle. But, like recovering from any illness, my journey to healing requires time and space.

Just like cardiologists and surgeons need the right technology to treat our bodies, mental health professionals need the right tools and facilities to treat our minds. That includes spaces that are specially



IMAGE: Ashley Webster is fundraising for modern mental health care spaces at PRHC.

designed for mental health patients: rooms with plenty of natural light, and secure outdoor areas that help patients heal in safety and in peace.

Knowing how important my garden was to me during my darkest days, I became a PRHC Foundation donor to make sure others have healing spaces in their treatment for recovery.

Please join me in supporting modern mental health facilities at PRHC – read about one of the top priorities on page 4 – and be part of investing in the future of mental health care in our region.”

For more info or to donate, please call 705-876-5000 or visit prhcfoundation.ca.



PETERBOROUGH'S
DRAGON BOAT
FESTIVAL

See you Saturday, June 8, 2024 at Del Crary Park!

All funds raised through Peterborough's Dragon Boat Festival support cancer care at PRHC. Help by:

- Registering a team or as a paddler
- Donating through a team, paddler or the event
- Joining us in person for all the fun of Festival day!

Learn more at ptbodragonboat.ca

A legacy of innovation, care and generosity

Griffith Lloyd says, "It's incredible to think about how much our lives today are shaped by the legacy of those who came before us."

The cottage where he and his wife, Tina, spend half the year is housed on land passed down through his family from his grandfather. Griffith first stepped foot on this land at seven weeks old, a tiny baby bundled in the arms of his mother.

Griffith and Tina hand-built the cottage themselves. It was a labour of love that they worked on, together. "In fact, everything we've done throughout our 63-year marriage has been accomplished as a team," says Griffith. "But it's also been accomplished thanks to the generosity of our parents. Now, we're working on paying that good fortune forward."

One way they've chosen to do that is by supporting PRHC through the PRHC Foundation. While they haven't yet needed care from the hospital themselves, they find it reassuring to know there is such a well-equipped facility close to home.

Griffith and Tina first gave to PRHC through a 10-year endowment, and



IMAGE: Planning a charitable gift to the PRHC Foundation in your will is an opportunity to leave a legacy of innovation and care, while still ensuring that your family is taken care of.

now they give what they can each year. By supporting PRHC, Griffith and Tina are choosing to invest in both innovation and quality care.

"We want our hospital to be able to keep pace with the rapid evolutions in technology, and we've been delighted to see our gifts put to use helping to update vital equipment," says Griffith. "And while we've ensured our children and grandchildren will be taken care of beyond our years, it feels equally important to leave behind something more: we want to continue a legacy of generosity."

Through their wills, the Lloyds plan to allot a portion of their estate to organizations like the PRHC Foundation. They hope their philanthropic example will inspire generations to come, just as they've been inspired by those who came before them. "Each of us has the opportunity to do good in this world. It's what we choose to make of that opportunity that truly determines our legacy," says Griffith.

For more info on legacy and planned giving, or to share your donor story, please call 705-876-5000.



IMAGE: PRHC Trauma Medical Director, Dr. Troy Tebbenham (left), talks to PRHC Foundation CEO and host, Lesley Heighway.



Watch "Code Trauma" parts 1 & 2 now at prhcfoundation.ca

Code Trauma: PRHC alert system helping save lives when seconds count

Dr. Troy Tebbenham, PRHC's Trauma Medical Director, shares with host, Lesley Heighway, how the hospital's trauma program is helping experts save lives with quick and careful emergency care, advanced donor-funded equipment, and partnerships within our community.



IMAGE: Your donations can help PRHC turn this space into a modern Psychiatric Intensive Care Unit courtyard to support the healing of some of its sickest patients.

Make hope and recovery possible

More people than ever before are seeking mental health care. Patient wait lists are growing and at PRHC, the spaces where mental health diagnosis and treatment take place are over 15 years old and aren't designed to support today's standard of care.

For example, current patients of PRHC's Psychiatric Intensive Care Unit (PICU) have no access to the outside even though their stays could be weeks or even months long.

We can help by funding modern, safe spaces where PRHC's doctors, nurses and staff will provide expert, compassionate care. With donor support, PRHC will invest \$1.75 million to create a specially designed outdoor PICU courtyard to give patients access to natural light and fresh air, and support therapeutic best practices – helping shape the future of mental health care in our region.

For more info or to donate, please call 705-876-5000 or visit prhcfoundation.ca.

“Anne wanted to connect her passion for scientific innovation with her desire to help the patients who would come after her.”

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\$2 million legacy gift, has allowed the hospital to increase diagnostic imaging capacity, performing an additional 6,000 scans since the new machine became operational.

PRHC Physician Chief & Medical Director of Diagnostic Imaging, Dr. Rola Shaheen, elaborated, “It’s having a positive impact on regional wait times. It’s increasing our overall efficiency and empowering us to offer a level of care not previously possible, including MRI-guided breast biopsy procedures, and better, clearer neurological, prostate and cardiovascular imaging.”

“We’re able to produce much higher quality images in less time,” she added, “while providing a significantly improved patient experience. With the support of donors, we can deliver the full spectrum of service needed to diagnose and treat disease, close to home.”

The estate gift that made this possible was from Dr. Anne Keenleyside, a highly respected Trent



IMAGE: A \$2 million legacy gift from the late Dr. Anne Keenleyside (1962-2022) allowed PRHC to invest in a second, cutting-edge MRI.

University professor of bioarcheology who passed away in October 2022 after succumbing to cancer.

PRHC Foundation President & CEO, Lesley Heighway, said Anne was inspired to invest in equipment and technology that support cancer care innovation: “Anne wanted her gift to connect her passion for scientific innovation with her desire to help the patients who would come after her. We’re so grateful for her incredible generosity.”

For more info on legacy giving or to donate, please call 705-876-5000.

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